

## Waiver of Liability (adult member)

Author	L Mowat	
Approved by	P Alexandre, L Hellak, L Mowat	
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I understand and acknowledge that training, matches and events held by Rockets Netball (RN) may expose me to inherent risks, including accidents, injury, illness, or even death.

Nevertheless, I voluntarily elect to participate with full knowledge and awareness of the danger and risks involved. I hereby agree to accept and assume any, and all, risks.

I understand that RN does not provide insurance to members. However, I am aware that if I join Federação Portuguesa de Netball (FPN) then this allows me to purchase competitively priced personal accident insurance specifically for netball. Otherwise, I can arrange my own insurance.

I agree that I will only take part in training, matches and events if I am fit and able to do so. Some basic first aid supplies are carried by RN. Any medical assistance, or advice given, is provided on a voluntary basis with the assumed consent of the injured member.

After having read this waiver and, knowing these facts, I agree, for myself (and anyone entitled to act on my behalf) to hold blameless, waive and release RN (including all members) from any responsibility, liabilities, demands, or claims of any kind arising out of my participation in RN's training, matches and/or events.

By signing below (or clicking on agree on the Rockets Netball website) I indicate that I have read and understood this Waiver of Liability and I voluntarily agree to its terms.

Name	 	 	
Signed			
Date			